



St. Martin Council on Aging, Inc.
St. Martinville Calendar of Events
March 2025

- March 4th The St. Martin Council on Aging, Inc. is **closed** in observance of the **Mardi Gras** holiday.
- March 5th **8:30 AM – Maria Perry** with Acadian Home Care will conduct a **Fall Risk Assessment** and respond to questions.
- 8:45 AM – Derek Robicheaux** with Nursing Specialties Institute (NSI) will conduct an **Educational Session on Heart Disease** and respond to questions.
- March 10th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises**.
- 8:45 AM – Kelli Cantu** with Chez Hope will discuss Domestic Violence amongst seniors and respond to questions.
- March 11th **8:30 AM – Angela Morrison** with Hospice of Acadiana will discuss the **Importance of Self Care, End of Life Care**, and respond to questions.
- 8:45 AM – Jennifer Zimmerle** with J. Z. Insurance, LLC. will discuss the Medicare Advantage Plan and respond to questions.
- 9:00 AM – Victor Silva** with Oceans Behavioral Hospital will discuss **Psychiatric Services** and respond to questions.
- March 12th **8:30 AM – Vanessa Scott** with Medicare will discuss current changes to the **Medicare Advantage Plan** and respond to questions.
- 8:45 AM – Dana Rey** with Lucid Hearing-Sam’s Hearing Center will discuss the **Connection between Dementia and Hearing Loss** and respond to questions.
- March 13th **8:30 AM – Alex Angelle** with STAT Home Health will discuss **Basic Home Health** services and **Physical Therapy** and respond to questions.
- 8:45 AM – Pam Champagne** with 1st Option will conduct an **Auction** and provide prizes.
- March 14th **8:45 AM – Debra Curtis** with Globe Life Insurance will discuss the topic **“Loving Yourself,”** provide **Healthy Lifestyle** tips, and respond to questions.
- 10:00 AM-1:00 PM – Acadiana Legal Services** will conduct a **FREE Living Will** Drive.
- March 17th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises**.
- 8:45 AM – Doris Clark** with Pellerin Funeral Home Services will discuss **Life Changes**, respond to questions, and provide sweet treats and **Bingo** prizes.
- 9:00 AM – Tina Begnaud** with the Breaux Bridge Tourism Center will discuss Upcoming Events for 2025 and respond to questions.
- March 19th **8:30 AM – Katherine Mobley** with the Better Business Bureau will discuss recent **Scams** and respond to questions.
- 8:45 AM – Kristie Buford** with Acadiana Insurance Advisors will discuss **2025 Medicare & Medicaid** deadline changes.

- March 21st **8:45 AM – Michelle Hebert** with Compass Health will conduct a **Mental Health Workshop** and respond to questions.
- March 24th **8:45 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- March 25th **8:45 AM – Tiffany Fontenot** with Second Harvest Food Bank will discuss services, respond to questions, call **Bingo** and provide prizes.
- March 28th **9:00 AM – Birthday Bash** sponsored by Andy Tausin and Glenn Champagne with Lagniappe Insurance Group, LLC.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

TUESDAY

9:00 AM to 11:00 AM – BINGO

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 1:30 PM-POKENO

THURSDAY

9:00 AM to 11:00 AM – BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

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Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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