



**St. Martin Council on Aging, Inc.
Breux Bridge Calendar of Events
March 2025**

- March 3rd **8:45 AM – Tracey Thomas** with Gifted Hearts will discuss agency services and respond to questions.
- March 4th The St. Martin Council on Aging, Inc. is **closed** in observance of the **Mardi Gras** holiday.
- March 5th **11:15 AM – Kelli Cantu** with Chez Hope will discuss Domestic Violence amongst seniors and respond to questions.
- March 6th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- 8:45 AM – Maria Perry** with Acadian Home Care will conduct a **Fall Risk Assessment** and respond to questions.
- 9:00 AM – Derek Robicheaux** with Nursing Specialties Institute (NSI) will conduct an **Educational Session** on **Heart Disease** and respond to questions.
- 11:15 AM – Katherine Mobley** with the Better Business Bureau will discuss recent **Scams** and respond to questions.
- March 7th **8:45 AM – Hunter Comeaux & Staff Members** with Farmers Merchants Bank will discuss **Identity Theft** and **Elderly Financial Abuse** and respond to questions.
- March 10th **11:15 AM – Madeline Darson** with Fresenius Kidney Care will discuss “**How to Identify the Risk Factors of Kidney Disease**” and respond to questions.
- March 12th **11:15 AM – Dana Rey** with Lucid Hearing-Sam’s Hearing Center will discuss the **Connection between Dementia and Hearing Loss** and respond to questions.
- March 13th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- 11:15 AM – Adrienne Castille** with Ochsner Health Services will discuss **Dietary Needs** and respond to questions.
- 11:30 AM – Vanessa Scott** with Medicare will discuss current changes to the **Medicare Advantage Plan** and respond to questions.
- March 17th **11:15 AM – Tina Begnaud** with the Breux Bridge Tourism Center will discuss Upcoming Events for 2025 and respond to questions.
- March 18th **8:30 AM – Jennifer Zimmerle** with J. Z. Insurance, LLC. will discuss the Medicare Advantage Plan and respond to questions.
- 8:45 AM – Kristie Buford** with Acadiana Insurance Advisors will discuss **2025 Medicare & Medicaid** deadline changes.
- 9:00 AM – Debra Curtis** with Globe Life Insurance will discuss the topic “**Loving Yourself,**” provide **Healthy Lifestyle** tips, and respond to questions.
- March 19th **11:15 AM – Robin Paris** with Oceans Behavioral Hospital will discuss Medication Compliance and respond to questions.
- March 20th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.

8:45 AM – Tiffany Fontenot & Staff Members with Second Harvest will discuss services, **respond to questions**, call **Bingo**, and provide prizes.

11:15 AM – Doris Clark with Pellerin Funeral Home Services will discuss **Life Changes**, respond to questions, and provide sweet treats and **Bingo** prizes.

March 26th **8:45 AM – Alex Angelle** with STAT Home Health will discuss **Basic Home Health** services and **Physical Therapy** and respond to questions.

9:00 AM – Birthday Bash sponsored by Andy Tauzin and Glenn Champagne with Lagniappe Insurance Group, LLC.

March 27th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.

8:45 AM – Michelle Hebert with Compass Health will conduct a **Mental Health Workshop** and respond to questions.

11:15 AM – Khadija “Deedy” McBride with Physical Rehabilitation Hospital, LLC. will discuss **Inpatient Rehab Criteria** and **Avoiding Nursing Home Stays** and respond to questions.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

TUESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:15 PM-POKENO

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:15 PM - BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

VFC Meets the 2nd Monday of Each Month at 1:00 PM (next meeting date March 10th)

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

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Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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