



St. Martin Council on Aging, Inc.
Breux Bridge Calendar of Events
February 2025

- February 6th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises**.
- 11:15 AM – Denise Collins** with Volunteers of America will discuss the Waiver Program and respond to questions.
- 11:30 AM – Casey Lipscomb** with Sorenson will discuss **Caption Call** and respond to questions.
- February 10th **8:30 AM – Kelly Millet** with Acadiana Legal Service will discuss **Living Wills, Notarial Wills, Successions, and Power of Attorney**, and respond to questions.
- 8:45 AM – Alise Frederick** with Grace Home Health will discuss **Heart Disease and Specialty Programs** and respond to questions.
- February 11th **8:45 AM – Tracey Thomas** with Gifted Hearts will discuss agency services and respond to questions.
- 9:00 AM – Keri Mallery** with the Ageless Healthcare will call **Bingo** and provide prizes.
- February 12th **8:45 AM – Yulandera Moody** with Senior Medicare Fraud will teach seniors how to understand **Medicare Statements**.
- 11:15 AM – Jeanne McBride** with Teche Center for the Arts will decorate **Mardi Gras masks** with seniors.
- February 13th **11:30 AM – Tracey Davis** with Oak Street House will **Meet and Greet** seniors, call **Bingo**, and provide prizes.
- February 14th **Happy Valentine’s Day!!! Join us at 8:30 AM for a special treat.**
- 8:45 AM –Tasha Dugas** with Garden View will conduct an **Educational Session on Alzheimer’s Disease** and respond to questions.
- 11:00 AM – Local musician Helen Boudreaux** will conduct a **Mini Concert**.
- February 18th **8:45 AM – Treveion Joseph** with Aetna Insurance will discuss agency services and respond to questions. **Bingo prizes** will also be provided.
- 9:00 AM – Luke Soileau** with the Breux Bridge Fire Department will discuss **Residential Fire Protection**.
- February 19th **8:30 AM – Alex Angelle** with STAT Home Health will discuss agency services and respond to questions.
- 8:45 AM – Briana Hamilton** with PACE Lafayette will discuss services, call **Bingo**, and provide prizes.
- 9:00 AM – Mona Calais** with the St. Martin Parish Sheriff Department will provide **Bingo** prizes.
- February 20th **8:45 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises**.
- 11:30 AM – Kevin Smith** with LA Department of Insurance will discuss **Auto Theft, Fraud Prevention, and the Consumer’s Guide to Homeowners Insurance**, and respond to questions.

- February 24th **8:45 AM- Carlie Hodges** with Fussell Group Insurance will discuss **Medicare One on One** and respond to questions.
- February 26th **8:30 AM – Patrick St. Julien** with Extended Family, LLC will discuss services and respond to questions.
- 8:45 AM – Angela Smothers** with WellCare will discuss **2025 Healthcare Plans and Benefits** and respond to questions.
- 9:00 AM – Birthday Bash** sponsored by Andy Tauzin and Glenn Champagne with Lagniappe Insurance Group, LLC.
- February 27th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- 8:45 AM – Walgreen’s** will provide **FREE** Flu, COVID, Pneumonia, and RSV **Vaccinations**.
- February 28th **1:00 PM-3:00 PM – Annual Mardi Gras Celebration**
Sydnie Mae Activity Center
Join us for Music, Door Prizes, Gumbo, and King Cake. Wear your Best Costume and participate in a Contest to be named King & Queen. Registration required by calling (337) 332-3063.
Call two days in advance to request transportation.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

TUESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:15 PM-POKENO

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:15 PM - BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

VFC Meets the 2nd Monday of Each Month at 1:00 PM (next meeting date February 10th)

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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