



St. Martin Council on Aging, Inc.
St. Martinville Calendar of Events
October 2024

- October 1st **8:45 AM – Linda Peters** with Our Lady of Lourdes Home Health will discuss signs and symptoms of anxiety, depression, and stress.
- October 4th **8:30 AM – Calvin Broussard** with Sam’s Wholesale Club will discuss **Pharmacy services, Wellness, Hearing Screenings, and Special Offers.**
- 8:45 AM – Michelle Hebert,** with Compass Health will discuss Stress and Substance Abuse.
- October 7th **8:45 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises.**
- October 8th **11:30 AM – Andrea Stewart** with Costco discuss **Senior Services and Membership.**
- October 9th **8:45 AM – Maria Perry** with Acadian Home Care will conduct **Vital Screenings, perform Blood Pressure and Oxygen Checks, and Assess Weight.**
- October 10th **8:30 AM – Pam Champagne** with 1st Option will discuss services and conduct an **Auction** for prizes.
- October 14th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises.**
- 8:45 AM – Divon Spears** with Affiliated Blind of Louisiana will discuss services for the visually impaired, including **handheld and desktop products.**
- 9:00 AM – Misti Vidrine** with Life Share Blood Center will discuss the importance of donating blood.
- October 15th **8:30 AM – Kelli Cantu** with Chez Hope will discuss **Domestic Violence** amongst seniors
- 8:45 AM – Vanessa Scott** with Senior Medicare Patrol will conduct a **Healthcare Review** and respond to questions.
- October 17th **8:30 AM – Pam Champagne** with 1st Option will discuss Breast Cancer Awareness.
- October 18th **8:45 AM – Natalie Johnson** with Garden View will call **Bingo** and provide prizes.
- October 21st **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises.**
- 8:45 AM – Jennifer Eisler** with Right at Home will discuss **In-Home Care** and Services.
- 9:00 AM – William Jones** with Acadiana Legal Services will discuss **Power of Attorney, Notarial Wills, and Notarized Documents.**

- October 22nd **8:45 AM – Yulandera Moody** with Senior Medicare Patrol will discuss **Medicare Fraud Prevention** and provide Bingo prizes.
- October 23rd **8:45 AM – Debra Taghehchian** with the LSU Ag Center will discuss **Nutrition Tips**.
- 10:00 AM – Judy Boudreaux** with the St. Martin Parish Sheriff Department will call **Bingo** and provide prizes.
- October 24th **8:45 AM – Kevin Smith** with the LA Department of Insurance will discuss **Auto Theft, Insurance Fraud, and Fraud Prevention**.
- October 25th **8:45 AM – Tiffany Fontenot** with Second Harvest Food Bank will discuss their **Food Pantry**
- October 28th **8:45 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching and Chair Exercises**.
- October 29th **8:45 AM – Keri Mallery** with Ageless Health Care will discuss services, call **Bingo**, and provide prizes.
- October 30th **8:45 AM – Kristie Buford** with Acadiana Insurance Advisors will conduct an **Insurance Evaluation Review**.

Weekly Events

MONDAY
 9:00 AM to 11:00 AM – BINGO

TUESDAY
 9:00 AM to 11:00 AM – BINGO

WEDNESDAY
 9:00 AM to 11:00 AM – BINGO
 12:00 PM to 2:00 PM-POKENO

THURSDAY
 9:00 AM to 11:00 AM – BINGO

FRIDAY
 9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517
 Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517
Phone: 337-332-3063
 Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM
 Friday, 7:30AM-1:00PM
 Website: www.stmartincouncilonaginginc.com

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