



St. Martin Council on Aging, Inc.
St. Martinville Calendar of Events
September 2024

- September 2nd The St. Martin Council on Aging is **closed** in observance of **Labor Day**. Have a Happy and safe Holiday!!!
- September 4th **8:45 AM – Vanessa Scott**, with Medicare will conduct an educational session on **Medicare** and upcoming changes.
- September 6th **8:45 AM – Debra Taghehchian** with the LSU Ag Center will conduct an Educational Session on Nutrition and the importance of consuming the right foods.
- September 9th **8:45 AM – Tracy Thomas** with Gifted Hearts will discuss services and respond to questions.
- September 10th **8:45 AM – Brittney Pradford** with Acadian Ambulance will discuss the Life Alert pendant and “What to do before the Ambulance Arrives.”
- September 12th **8:45 AM – Pam Champagne** with 1st Option will conduct an Auction for prizes and discuss services.
- September 16th **8:45 AM – Misty Vidrine** with Life Share Blood Center will discuss the importance of donating blood.
- September 17th **8:30 AM – Michelle Hebert** with Compass Health will discuss substance abuse and available resources.
- September 18th **8:30 AM – Kristie Buford** with Acadiana Insurance will provide information on upcoming **Medicare** changes and respond to questions.
- September 20th **8:30 AM – Maria Perry** and staff members with Acadian Home Care Health will conduct vital **Health Screenings** for blood pressure, oxygen levels, and weight, and **assess for Fall Risks**. Seniors may enter a drawing to win prizes during this time.
- September 23rd **8:45 AM – FM Bank’s Fred Mills** and **Michelle Prilliman** will conduct a **Q & A Session** recent scams, protecting identity, and preparing for the next phase of life.
- September 25th **8:45 AM – Dana Ortego** with Ochsner Health Services (Lafayette) will discuss Injuries and Falls. Bingo prizes will be provided.
- September 27th **8:45 AM – Chris Babin** with the Better Business Bureau will discuss consumer services and recent scams.
- September 30th **8:30 AM – Bryan Johnson** with Heart of Hospice will conduct an educational Workshop and discuss services.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

TUESDAY

9:00 AM to 11:00 AM – BINGO

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:00 PM-POKENO

THURSDAY

9:00 AM to 11:00 AM – BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

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Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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