



St. Martin Council on Aging, Inc.  
**Breaux Bridge Calendar of Events**  
**May 2024**

**May is Older Americans Month**

- May 1<sup>st</sup>      **10:00 AM – Mona Calais** with the St. Martin Parish Sheriff Department will call **Bingo** and provide prizes.
- May 2<sup>nd</sup>      **9:00 AM – Jess Newton** with the **Downtown Beautification Project** will conduct a video session with and respond to questions.
- 11:30 AM – Yulandera Moody** with Senior Medicare Patrol will discuss **Medicare** options and respond to questions.
- May 7<sup>th</sup>      **9:00 AM – Youlande Smith** with Limitless Enterprise Communications will help seniors to apply for **FREE** government **Phones**.
- 1:00 PM – Activities Coordinator Brandi LeBlanc** will lead an **Ageless Grace exercise** class.
- May 9<sup>th</sup>      **9:00 AM – Peggy Edwards** with Kemper Life will conduct a **Q & A Session** on Life Insurance options.
- 1:00PM-3:00PM – SMCOA Annual Mother’s Day Tea/Hats off to Moms**  
**Sidney Mae Durand Activity Center, 391 Cannery Road, Breaux Bridge**  
**Join us for this FREE event! Bring your daughter or granddaughter. Wear your best hat and bring your favorite teacup.**  
**Hat Judging Contest, Door Prizes, Music by Helen Boudreaux, and Refreshments.**  
**Registration required by calling (337) 332-3063. Call two days in advance for Transportation.**
- May 14<sup>th</sup>      **9:00 AM – Chris Babin** with the Better Business Bureau will discuss **Senior Scams** and respond to questions.
- 9:30 AM – Activities Coordinator Brandi LeBlanc** will lead an **Ageless Grace exercise** class.
- May 16<sup>th</sup>      **9:00 AM – Kristie Buford** with Acadiana Insurance Advisors, will discuss upcoming insurance changes for the **October Enrollment** period and respond to questions.
- 10:00 AM – Come out and enjoy a FREE mini–Music Concert by Helen Boudreaux.**
- May 20<sup>th</sup>      **1:00PM-3:00PM – Help us kick off our Annual Older American Week-Long Celebration with a FREE Spa & Pamper Day. Music, Door Prizes, and Light Refreshments.**
- May 21<sup>st</sup>      **9:00 AM – Adrienne Castille** with St. Martin Hospital will discuss Healthy Eating choices and share recipes.
- 11:45 AM – Join us for our Monthly Book Club as we discuss “The Switch.”**
- 1:00 PM – Activities Coordinator Brandi LeBlanc** will lead an **Ageless Grace exercise** class.
- May 22<sup>nd</sup>      **9:00AM -2:00PM – SMCOA Annual Crawfish Boil**  
**Cecilia Civic Center, 2464 Cecilia Senior High South Highway, Breaux Bridge**  
**Registration required by calling (337) 332-3063. Registration Open to the First 275 People.**  
**Call Two Days in Advance for Transportation.**

- May 24<sup>th</sup> **1:00 PM-3:00PM** - Come out and enjoy **FREE delicious ice cream during the SMCOA Annual Ice Cream Social**. Music and door prizes included.
- May 27<sup>th</sup> The St. Martin Council on Aging, Inc. is closed in observance of Memorial Day. Have a safe and Happy Holiday!!!
- May 28<sup>th</sup> **9:00 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace exercise** class.
- 11:30 AM** – **Bryan Johnson** with **Heart of Hospice** will discuss agency services and respond to questions.

### Weekly Events

#### MONDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 3:00 PM-POKENO

#### TUESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 1:00 PM-SEWING CLASS (Self-Taught)

#### WEDNESDAY

9:00 AM to 11:00 AM – BINGO

#### THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:00 PM - BINGO

#### FRIDAY

9:00 AM to 11:00 AM – BINGO

*\*All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

**VFC Meets the 2<sup>nd</sup> Monday of Each Month at 1:00 PM (this month's meeting is May 13<sup>th</sup>)**

### OUR MISSION

***"Making Every Day...A Better Day"***

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

### MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

### CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

**Phone: 337-332-3063**

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: [www.stmartincouncilonaginginc.com](http://www.stmartincouncilonaginginc.com)

### LIKE US ON:

**FACEBOOK: SMCOA St. Martin**

**TWITTER: @SMCOA\_STMARTIN**

**INSTAGRAM: #StMartinCouncil**