



St. Martin Council on Aging, Inc.  
St. Martinville Calendar of Events  
**April 2024**

- April 1<sup>st</sup>      **8:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.  
**11:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- April 5<sup>th</sup>      **9:00 AM** – **Peggy Edwards** with Kemper Life will conduct a **Q & A Session** on Life Insurance options.
- April 6<sup>th</sup>      **9:30AM-1:00PM** - **S.OS.-Support our Seniors**  
**SMCOA Annual Walkathon/5K Run**  
**Parc Hardy, 1290 Rees Street, Breaux Bridge**  
**Join us for a day of fun in the Parc!!! Lots of Free Children’s Activities, including a Petting Zoo, Ferris Wheel, Fun Jumps, and more. Live Musical Entertainment and Blood Drive.**  
  
**Po-boy Fundraiser: Poboy, Chips, Drink & Dessert-\$10 Donation. Pickup begins at 10:30AM.**
- April 8<sup>th</sup>      **8:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.  
**9:00 AM** – **Karen Walker, Senior Benefits** Consultant will conduct a Q & A Session on available services.  
**11:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.
- April 11<sup>th</sup>      **9:00 AM** – **Pam Champagne** with Acadiana Health Care will conduct a **Game Day Auction**, discuss the **Warning Signs of Diabetes**, and respond to questions.
- April 15<sup>th</sup>      **8:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises  
**9:00 AM** – **Maria Perry** Acadiana Home Health Patrol will discuss the importance of Daily Exercise and respond to questions.  
**11:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- April 22<sup>nd</sup>      **8:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.  
**11:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.
- April 24<sup>th</sup>      **10:00 AM** – **Judy Boudreaux** with the St. Martin Parish Sheriff Department will **call Bingo** and provide prizes.
- April 29<sup>th</sup>      **8:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises  
**11:30 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises
- April 30<sup>th</sup>      **Birthday Bash** sponsored by **Erana Mayes** with Aetna.

## Weekly Events

### MONDAY

9:00 AM to 11:00 AM – BINGO

### TUESDAY

9:00 AM to 11:00 AM – BINGO

### WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:00 PM-POKENO

### THURSDAY

9:00 AM to 11:00 AM – BINGO

### FRIDAY

9:00 AM to 11:00 AM – BINGO

*\*All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

### OUR MISSION

*“Making Every Day...A Better Day”*

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

### MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

### CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: **337-332-3063**

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: [www.stmartincouncilonaginginc.com](http://www.stmartincouncilonaginginc.com)

### LIKE US ON:

FACEBOOK: SMCOA St. Martin

TWITTER: @SMCOA\_STMARTIN

INSTAGRAM: #StMartinCouncil