



St. Martin Council on Aging, Inc.
Breaux Bridge Calendar of Events
April 2024

- April 2nd **9:00 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- 1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- April 3rd **10:00 AM** – **Judy Boudreaux** with the St. Martin Parish Sheriff Department will **call Bingo** and provide prizes.
- April 4th **9:00 AM** – **Peggy Edwards** with Kemper Life will conduct a **Q & A Session** on Life Insurance options.
- 11:30 AM** – **Yulandera Moody** with Senior Medicare Patrol will discuss **Medicare** options and respond to questions.
- April 6th** **9:30AM-1:00PM - S.OS.-Support our Seniors**
SMCOA Annual Walkathon/5K Run
Parc Hardy, 1290 Rees Street, Breaux Bridge
Join us for a day of fun in the Parc!!! Lots of Free Children’s Activities, including a Petting Zoo, Ferris Wheel, Fun Jumps, and more. Live Musical Entertainment and Blood Drive.
- Po-boy Fundraiser: Poboy, Chips, Drink & Dessert-\$10 Donation. Pickup begins at 10:30AM.**
- April 9th **9:00 AM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.
- 1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.
- April 11th **9:00 AM** – **Karen Walker, Senior Benefits** Consultant will conduct a Q & A Session on available services.
- April 16th **9:00 AM** – **Robyn Carter** with Rosewood will host **“Snack & Chat”**.
- 11:45 AM** – Join us for our Monthly **Book Club** as we discuss the book “Late Fall.”
- 1:30 PM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- April 17th **11:30 AM** – **Kristie Buford** with Acadiana Insurance Advisors will conduct a Q & A Session on **Medicare** options.
- April 18th **9:00 AM** – **Rachel Cox** with Grace Home Health will host **“Snack & Chat.”**
- April 23rd **9:00 AM** – **Adrienne Castille** with St. Martin Hospital will discuss recipes and **Healthy Alternatives**.
- 1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead an **Ageless Grace** exercise class.
- April 25th **9:00 AM** – Local Artist **Jess Newton** will conduct Interviews with seniors on the **Downtown Breaux Bridge Restoration Project**.
- April 29th **Birthday Bash** sponsored by **Erana Mayes** with Aetna.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 3:00 PM-POKENO

TUESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 1:00 PM-SEWING CLASS (Self-Taught)

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:00 PM - BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

VFC Meets the 2nd Monday of Each Month at 1:00 PM (this month's meeting is April 8th)

OUR MISSION

"Making Every Day...A Better Day"

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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