



St. Martin Council on Aging, Inc.  
St. Martinville Calendar of Events  
**March 2024**

- March 5<sup>th</sup>                    **8:45 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- 9:00 AM** – **Maria Perry** with Acadiana Home Health will conduct **Fall Risk Assessments** and respond to questions.
- March 7<sup>th</sup>**                    **11:30 AM-12:30 PM** – **Alzheimer’s Workshop**. **Ellen Dunn** with **Alzheimer’s Services of Baton Rouge** will discuss the signs of **Dementia/Alzheimer’s Disease** and respond to questions. Refreshments will be served.  
**Sydney Mae Durand Activity Center, 391 Cannery Road, Breaux Bridge**  
**This is a FREE workshop but registration is required by calling (337) 332-3063.**  
**Call 2 Days in Advance to Schedule Transportation.**
- March 8<sup>th</sup>                    **9:00 AM** – **Peggy Edwards** with Kemper Life will discuss services and respond to questions.
- March 11<sup>th</sup>                    **8:45 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- March 13<sup>th</sup>                    **9:00 AM** – **Pam Champagne** with Acadiana Health Care will conduct a Game Day Auction, discuss the importance of staying hydrated, and respond to questions.
- March 20<sup>th</sup>                    **9:00 AM** – **Alex Angelle & Nancy Manuel, LPN**, with STAT Home Health will perform **Blood Pressure Checks** and provide information on the warning signs of high blood pressure.
- 10:00 AM** – **Mona Calais** with the St. Martin Parish Sheriff Department will **call Bingo** and provide prizes.
- March 25<sup>th</sup>                    **8:45 AM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises
- 9:00 AM** – **Yulandera Moody** with Senior Medicare Patrol will discuss **Medicare** options and respond to questions.
- March 27<sup>th</sup>**                    **9:00 AM-2:00 PM** – **Fish Fry/Vaccine Outreach**  
**St. Francis Hall, 610 North Main Street, Breaux Bridge**  
**This is a FREE event but registration is required by calling (337) 332-3063.**  
**Call 2 Days in Advance to Schedule Transportation.**
- March 29<sup>th</sup>                    **The St. Martin Council on Aging is closed in observance of Good Friday.**

# Weekly Events

## MONDAY

9:00 AM to 11:00 AM – BINGO

## TUESDAY

9:00 AM to 11:00 AM – BINGO

## WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:00 PM-POKENO

## THURSDAY

9:00 AM to 11:00 AM – BINGO

## FRIDAY

9:00 AM to 11:00 AM – BINGO

*\*All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

## OUR MISSION

*“Making Every Day...A Better Day”*

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

## MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

## CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

**Phone: 337-332-3063**

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: [www.stmartincouncilonaginginc.com](http://www.stmartincouncilonaginginc.com)

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