



**St. Martin Council on Aging, Inc.
Breux Bridge Calendar of Events
March 2024**

- March 5th **1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai-Chi** exercises.
- March 6th **10:00 AM** – **Mona Calais** with the St. Martin Parish Sheriff Department will **call Bingo** and provide prizes.
- March 7th **9:00 AM** – **Peggy Edwards** with Kemper Life will discuss services and respond to questions.
- 11:30 AM-12:30 PM Alzheimer’s Workshop. Ellen Dunn with Alzheimer’s Services of Baton Rouge will discuss the signs of Dementia/Alzheimer’s Disease and respond to questions. Refreshments will be served.**
- March 12th **9:00 AM** – **Lecia Monceaux** with Home Instead will discuss in **Home Health Care Services** and respond to questions.
- 1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai Chi** exercises.
- March 14th **9:00 AM** – **Alex Angelle & Nancy Manuel, LPN**, with STAT Home Health will perform **Blood Pressure Checks** and provide information on the warning signs of high blood pressure.
- March 15th **9:00 AM** – **Robin Carter** with Cedar Crest will discuss services and respond to questions.
- March 18th **9:00 AM** – **Maria Perry** with Acadian Home Care will discuss services and respond to questions.
- March 19th **1:00 PM** – Activities Coordinator **Brandi LeBlanc** will lead **Tai Chi** exercises.
- March 21st **9:00 AM** – **Mike Sorrell** with Smile Community Action Agency will discuss the **RSVP Program** and respond to questions.
- March 25th **11:45 AM** – Join us for our Monthly **Book Club** as we discuss the book “Everyone in My Family Has Killed Someone” by Benjamin Stevenson.
- March 26th **9:00 AM** – **Yulandera Moody** with Senior Medicare Patrol will discuss **Medicare** options and respond to questions.
- 9:30 AM** – Activities Coordinator **Brandi Leblanc** will lead **Tai Chi** exercises.
- 9:45 AM** – **Bingo**. This activity is being delayed, due to Tai Chi exercises.
- March 27th** **9:00 AM-2:00 PM** – **Fish Fry/Vaccine Outreach**
St. Francis Hall, 610 North Main Street, Breux Bridge
This is a FREE event but registration is required by calling (337) 332-3063. Call 2 Days in Advance to Schedule Transportation.
- March 28th **Birthday Bash** sponsored by **Erana Mayes** with Aetna.
- March 29th **The St. Martin Council on Aging is closed in observance of Good Friday.**

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 3:00 PM-POKENO

TUESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 1:00 PM-SEWING CLASS (Self-Taught)

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:00 PM - BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

VFC Meets the 2nd Monday of Each Month at 1:00 PM (this month's meeting is March 11th)

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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