



St. Martin Council on Aging, Inc.
Breux Bridge Calendar of Events

September 2023

- September 4th **Labor Day** – the Office is Closed. Have a great and safe holiday!
- September 5th **11:45 AM – Game Day-Allison Bourque** with the Fussell Group will facilitate and provide prizes.
- September 14th **11:45 AM – Acadiana Legal Services**-Join us for a workshop on Identity **Theft & Scam Protection**.
- September 19th **11:45 AM – Erana Mayes with Aetna**-Come out and learn about new **Medicare** options during Open Enrollment.
- September 21st **11:45 AM – Live Music** provided by **Helen Boudreaux & Guests**.
- September 22nd **9:30 AM – Shadelle Simon** with Amedisys will call Bingo and discuss **Fall Prevention Tips**.
11:45 AM – Stretching & Chair Exercises with **Jo Charles**.
- September 28th **11:45 AM – Birthday Bash**
- September 29th **11:45 AM – Debra Savoy** with Alzheimer’s Services of Acadiana will discuss signs & symptoms of dementia & early onset Alzheimer’s Disease. Come out for a question and answer session and leave with valuable resources for patients, family members, and caregivers.

Weekly Events

MONDAY

9:00 AM to 11:00 AM – BINGO

TUESDAY

9:00 AM to 11:00 AM – BINGO

WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 3:00 PM-POKENO

THURSDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM-2:00 PM - BINGO

FRIDAY

9:00 AM to 11:00 AM – BINGO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:00AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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